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View Roland Rotz, PhD's professional profile on LinkedIn. Fidget to Focus; Outwit Your Boredom; Sensory Strategies for Living with ADD (Link)

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Mar 28, 2014 In their book Fidget to Focus: Outwit Your Boredom: Fidgeting Strategies that Help People with ADHD Focus. Psych Central. Retrieved on July 29,

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