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L. Jay Silvester (born 27 August 1937) is a retired American athlete who mainly competed in the discus throw. In this event he finished in fourth, fifth, second and [fuzzy mathematics: applications in economics.pdf](#)

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I consider L. Jay Silvester to be the founder of modern discus throwing in this country. He broke the world record in the discus 6 times, and in the process was the

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Jay Silvester - Throws (Inducted 1998) Born Aug. 27, 1937, Tremonton, Utah. A seven-time world record holder, Jay Silvester was a member of 18 U.S. national teams.

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L. Jay Silvester is the author of Complete Book of Throws (3.33 avg rating, 9 ratings, 0 reviews, published 2003) and Weight Training (0.0 avg rating, 0

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Of the 360 possible degrees that the wind can approach the discus throw, became the signature position of L. Jay Silvester in his long career.

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Jay Silvester. Inducted: 1998, athlete. Born: August 27, 1937 - Tremonton, Utah. Events Discus Throw - 68.40 m. Jay Silvester set his first of four world records in

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The 'Complete Book of Throws' (edited by four-time Olympian and six-time discus world record holder Jay Silvester) provides in-depth training and coaching information

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Jay silvester - american profile

In 1961, track and field athlete Jay Silvester became the first person to throw the discus more than 60 meters (196.85 feet). Silvester, who was born in Tremonton

Athlete profile for jay silvester | iaaf.org

Jay Silvester COUNTRY United States; DATE OF Discus Throw 70.38 The IAAF. ABOUT IAAF; School / Youth;

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Jay Silvester was a six-time world-record holder in the discus and competed on multiple U.S. national teams. He was also a member of four Olympic teams ('64, '68, '72

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